

# HIGH SCHOOL SKATING TEAM 2024-2025 APPLICATION



Murray Silver Blades Figure Skating Club is sponsoring a High School Skating Team for the 2024-2025 Skating Season. All skaters in grades 9-12 who are a full, aspire or associate member of MSBFSC are invited to join. This will include participating in team activities, performing as a team in club shows, and representing MSBFSC at competitions against other high school teams. The participation fee for the 2024-2025 season will be \$75 and includes a team shirt, team activities, team coaching fees, team photo, and the USFS team registration fee. A team jacket, ice fees, competition related fees, and show fees will be extra depending on participation of the skater. Participation in club shows and competitions are not required, but if a skater wants to compete, then a Competition Skills Assessment Form must also be completed (see pages 3-5).

If you would like to participate in the MSBFSC 2024-2025 High School Team, please return the completed application, Competition Skill Assessment Form (if applicable), and participation fee by **August 31, 2024**.

## Personal Information

<b>Skater Name</b> (First and Last)	<b>Birthday</b>	<b>USFS #</b>
<b>High School</b>	<b>Grade</b> (2024-25 School Year)	<b>High School ID #</b> (if applicable)
<b>Primary Coach Name</b>	<b>Skater Phone #</b>	<b>Skater Email</b>
<b>Parent/Guardian Name</b>	<b>Parent/Guardian Phone #</b>	<b>Parent/Guardian Email</b>

## Health Information

Food or severe allergies: \_\_\_\_\_ Injuries or limiting factors: \_\_\_\_\_

Any other health issues or concerns: \_\_\_\_\_

## Team Attire

A team shirt is included in the participation fee. The team jacket will be an additional fee if you would like to purchase one. Please list your sizes below (in adult sizes XS, S, M, L, XL).

Shirt Size: \_\_\_\_\_ Team Jacket Size (if desired): \_\_\_\_\_

Name on Jacket: \_\_\_\_\_

## Team Leadership Board

The High School Team will have a leadership board to work with the Team Advisors to plan team events, prepare for competitions, and make decisions for the team. This is optional and would require an extra time commitment. If you would like to participate on the Team Leadership Board, please check the box below:

Yes, I would like to volunteer to participate on the High School Team Leadership Board

## Acknowledgement and Disclaimer

- I acknowledge that I am eligible to participate on the high school skating team, because I am a Full, Aspire or Associate Member of the Murray Silver Blades Figure Skating Club, and I will be a full-time student in grades 9-12 during the 2024-2025 school year.
- I agree to be respectful to other skaters, coaches, volunteers, parents, and County Ice Center staff, and to show good sportsmanship and a strong work ethic at all practices, competitions, and team related activities. Inappropriate behavior will not be tolerated. If I or my parent/guardian choose not to abide by these rules, my registration will be forfeited, and participation denied.
- I understand that there are inherent risks of injury in connection with skating and ice-related activities. I hereby acknowledge and assume all responsibility for these risks, and I agree to release Murray Silver Blades Figure Skating Club, County Ice Center, parents, and volunteers of any liability from any accident or injury and certify that my private insurance would be responsible for any medical care that may be necessary.
- I hereby authorize Murray Silver Blades, County Ice Center, coaches, and volunteers to seek medical attention in the event of an emergency as deemed necessary by their best judgment.
- I acknowledge that the participation fee is NON-REFUNDABLE.

Skater AND Parent/Guardian signature is required below for participation.

Skater Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

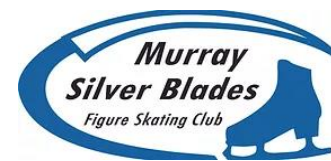
### ***For questions or additional information:***

Contact: High School Team Advisors, Kristen McRae or Vanessa Cano

Email: [murraysilverblades.hs@gmail.com](mailto:murraysilverblades.hs@gmail.com)

# HIGH SCHOOL SKATING TEAM

## COMPETITION SKILLS ASSESSMENT FORM



The Competition Skills Assessment form must be completed for team members who want to compete in the Team Maneuvers events at competitions. For the 2024-2025 season, the Team Maneuvers event will consist of 9 elements at 4 different competitive levels. The Competition Skills Assessment form will help the Team Advisors and coaches put together our competition team(s) for each competition. Please submit a completed assessment form to the High School Team Advisors.

**Note:** *The skills assessment needs to be completed and signed by your primary coach.*

### Team Maneuvers General Event Parameters

- Team maneuver events consist of teams of at least 2 athletes with no one skater performing more than 5 of the total number of elements. Teams must attempt all listed elements in each category.
- Each high school team may enter only one team in each competitive level (exceptions given for Cyber Challenge).
- An athlete may only compete at one team maneuvers level per competition.
- Athletes may “skate up” but they may not compete on a team at a lower level than the highest Singles test they have passed. Beginner Team Maneuvers does not permit passing a test higher than Pre-Preliminary Singles or Skating Skills or Preliminary Dance test.
- Teams will have the option to use one retry, per element category per team (1 Jump, 1 Spin, 1 Skating Skill Sequence).

### Team Qualifications

- Skaters must be a Full, Aspire or Associate member of the Murray Silver Blades FSC and have paid the HS Team Fees.
- Skaters are expected to be taking weekly private lessons and be accountable for working on **ALL** skills within their competitive team maneuvers level.
- Skaters must have a skills assessment rating from their coach showing competent or mastered in **at least 4 Skills** within the level they want to compete.

**Name:** \_\_\_\_\_ **Desired Team Level:** \_\_\_\_\_

**Singles Test Passed:** \_\_\_\_\_ **Skating Skills Test Passed:** \_\_\_\_\_

**BEGINNER TEAM** – Skaters may not have passed higher than Pre-Preliminary Singles or Skating Skills or a Preliminary Dance Test

<u>Jumps</u>	Needs Work	Competent	Mastered
1/2 Flip Jump			
Bunny Hop			
Waltz Jump/Toe-Loop Combination			
<u>Spins</u>	Needs Work	Competent	Mastered
Two Foot Spin (min 3 revs)			
Beginning Back Upright Spin (min 3 revs)			
Forward Upright One Foot Spin (min 3 revs)			
<u>Edge or Skating Skills Sequence</u>	Needs Work	Competent	Mastered

One foot glide – R or L Foot			
Forward Lunge – R or L Foot			
Choreographic Step Sequence (1/2 ice length)*			

\*Choreographic step sequences should be distinct from the step sequence elements found on skating skills test.

**LOW TEAM** – Skaters may not have passed higher than Pre-Bronze Singles Test

<u>Jumps</u>	Needs Work	Competent	Mastered
Single Flip Jump			
Waltz Jump/Euler/Salchow Combination			
3 Leap Sequence (can consist of falling leaf, mazurka, ballet jump, side toe hop, stag jump, split jump, Euler) <b>Coach, please list best leap sequence:</b> _____			
<u>Spins</u>	Needs Work	Competent	Mastered
Forward upright spin (optional free foot position, min 3 revs)			
Sit Spin (variations allowed, min 3 revs)			
Combination spin – at least one change of position (no fly, no change of foot, min 6 revs total) <b>Coach, please list best spin combo:</b> _____			
<u>Edge or Skating Skills Sequence</u>	Needs Work	Competent	Mastered
Waltz Eight (as performed for Pre-Preliminary Skating Skills)			
Forward Shoot the Duck – R or L Foot			
Straight Line Choreographic Step Sequence – Full Ice*			

\*Step/choreographic sequences should be distinct from the step sequence elements found on skating skills test.

**INTERMEDIATE TEAM** – Skaters may not have passed higher than Silver Singles Test

<u>Jumps</u>	Needs Work	Competent	Mastered
Double Jump			
Jump sequence consisting of 2 or 3 jumps, with single axel as 2 <sup>nd</sup> or 3 <sup>rd</sup> jump (no triples) <b>Coach, please list best jump sequence:</b> _____			
Split Jump			
<u>Spins</u>	Needs Work	Competent	Mastered
Layback Spin (variations permitted, min 5 revs)			

Flying Spin (any position, no change of foot, variations permitted, min 5 revs)			
Combination Spin (at least 1 change of position, change of foot optional, may fly, min 5 revs) <b>Coach, please list best spin combo:</b> _____			
<b><u>Edge or Skating Skills Sequence</u></b>	<b>Needs Work</b>	<b>Competent</b>	<b>Mastered</b>
Inside Slide Chasse Pattern (as performed for Pre-Silver Skating Skills)			
Short Edge Element (no change of position, no change of edge, max 7 second hold, see Rule 8375 for acceptable elements) <b>Coach, please list best element:</b> _____			
Circular Choreographic Step Sequence*			

\*Step/choreographic sequences should be distinct from the step sequence elements found on skating skills test.

**HIGH TEAM – No test restrictions**

<b><u>Jumps</u></b>	<b>Needs Work</b>	<b>Competent</b>	<b>Mastered</b>
Single or Double Axel <b>Coach, please list best jump:</b> _____			
Combination Jump (double/double OR triple/double) <b>Coach, please list best jump combo:</b> _____			
Double or Triple Flip or Lutz (immediately preceded by connecting steps)			
<b><u>Spins</u></b>	<b>Needs Work</b>	<b>Competent</b>	<b>Mastered</b>
Flying Spin (variations permitted, no change of foot, min 5 revs)			
Camel Spin with either difficult entry or difficult exit (no fly, change of foot optional, variations permitted, min 5 revs)			
Combination Spin (change of foot required, change of direction permitted, fly permitted, all 3 basic positions required, min 2 revs per position, min 8 revs total) <b>Coach, please list best spin combo:</b> _____			
<b><u>Edge or Skating Skills Sequence</u></b>	<b>Needs Work</b>	<b>Competent</b>	<b>Mastered</b>
Sustained Edge Step (as performed for Gold Skating Skills)			
Twizzle Sequence (max 3 twizzles, change of direction required, change of foot required, optional free foot position, no more than 3 steps between twizzles)			
Choreographic Sequence (at least 2 different movements required, pattern not restricted, see Rule 6105)*			

\*Step/choreographic sequences should be distinct from the step sequence elements found on skating skills test.

**Coach Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_